

# Teaching in Semester 1 2020 Programme – BA (Hons) and FdA Sport and Fitness Studies

## Level of Study - 5

## Teaching pattern in 2020-21 academic year:

Module number	Module Name	Module Credits	Compulsory/Optional Module	Lectures	Practical	Seminars and small group teaching	Other teaching e.g. tutorials
118	Sports Psychology	20	Compulsory	Choice of online or face to face	N/A	N/A	All online
625	Sports Coaching	20	Compulsory	Face to Face	Face to Face	N/A	All online
700	Industrial and Personal Development	20	Compulsory	Choice of online or face to face	Online	N/A	All online

Please note that hours per week are an average across term time tuition, and may vary across the weeks.

Where there is a choice of online or face to face teaching, students will be given a deadline to make the decision on whether to study online or face to face during online enrolment. After that deadline, swapping between online and face to face teaching may not be possible, though we will try to accommodate changes where we can.



## **Hours per week:**

Face to face: 11 hours per week

- 5 hours per week Sports Coaching
- 3 hours per week Sports Psychology (also offered online)
- 3 hours per week Industrial and Personal Development (also offered online)

Online: 8 hours per week (unless attending Sports Psychology and/or Industrial and Personal Development face to face)

- 3 hours per week Sports Psychology (also offered face to face)
- 3 hours per week Industrial and Personal Development (also offered face to face)
- 1 hour per week graduate advantage
- 1 hour per week tutorial

#### Are there any changes to the content of the course, compared with what was agreed previously?

- <u>IPD</u> Interviews can be conducted online if necessary (Weeks 4 & 5)
- **Sports Coaching** The delivery has been split between 2 hours theory and 2 hours practical. The practical lecture will need to be broken down into smaller groups, in order for students to complete coaching activity to help with the development of coaching skills. This would require more practical timing so each group can have an hour minimum of practical delivery with lecture support. Online tasks to be provided to supplement the practical delivery.
- **Sports Psychology** No changes to content as outlined in the definitive document.



#### Are there any changes to the assessment methods we are using?

- IPD CW1 No change, PX1 to be carried out online
- **Sports Psychology** No adaptations needed for CW1. For PX this is normally completed as a small group task this could be adapted to an individual recorded task, with a focus on a specific element within the development of a team following a drop-in performance.
- **Sports Coaching** No adaptions needed for CW1. For PX in previous academic years, students have delivered coaching sessions to groups of between 8-10 participants, this could be adapted for students to deliver a coaching session to a selected individual on a specific skill chosen by the student. This process would still allow for the achievement of the learning outcomes.

#### Are there any changes to previously advertised field trips, placements, enrichment activities or other external activities?

No changes

## When might what is set out above change?

We intend to use the teaching methods set out above for the whole of Semester 1 of the 2020-21 academic year.

If there are more severe restrictions on movement or gatherings as a result of changed government guidance (e.g. in the event of another wave of Coronavirus), teaching that is planned to be on campus may have to be moved online. In that instance all of the face-to-face teaching for your course would be online until restrictions are lifted and we would postpone your practical sessions until campus teaching became possible again. In this instance and practical assessments that are unable to take place will be adapted to ensure that you are able to complete the module as planned.

At the moment we intend that semester 2 teaching will be on campus and face-to-face for all students on this course, although we will continue to make use of our extensive online resources to supplement on-campus teaching. However, if restrictions on movement or group size continue, we would need to continue to offer your course in a blended way, in a similar pattern to that described above. We will let you know as soon as possible if we think that is likely to happen, but decisions may need to be taken at short notice where we are obliged to act on changes to national or local advice.