

Teaching in Semester 1 2020

Programme – BA (Hons) and FdA Sport and Fitness Studies

Level of Study - 4

Teaching pattern in 2020-21 academic year:

Module number	Module Name	Module Credits	Compulsory/Optional Module	Lectures	Practical	Seminars and small group teaching	Other teaching e.g. tutorials
1439	Applied Anatomy and Physiology	20	Compulsory	All online	N/A	N/A	All online
1438	Academic Skills	20	Compulsory	All online	N/A	N/A	All online
1440	Fitness Training	20	Compulsory	Choice of online or face to face	Face to face	N/A	All online

Please note that hours per week are an average across term time tuition, and may vary across the weeks.

Where there is a choice of online or face to face teaching, students will be given a deadline to make the decision on whether to study online or face to face during online enrolment. After that deadline, swapping between online and face to face teaching may not be possible, though we will try to accommodate changes where we can.

Hours per week:

Face to face: 4 hours per week – Fitness Training theory and practical (theory also offered online 2 hours per week)

Online: 10 hours per week (if taking Fitness Training theory online)

- 3 hours per week Anatomy and Physiology;
- 2 hours per week – Fitness Training (theory) – also available face to face.
- 3 hours per week Academic skills
- 1 hour per week graduate advantage
- 1 hour per week tutorial

Are there any changes to the content of the course, compared with what was agreed previously?

- **Anatomy and Physiology** - No changes from content outlined in the definitive document.
- **Fitness Training** - No Change, theory can be delivered face to face with an option to attend online and practical sessions will be held in smaller groups
- **Academic Skills** - No changes from content outlined in the definitive document.

Are there any changes to the assessment methods we are using?

- **Anatomy and Physiology** - CW1 is already a multiple choice exam completed on canvas, this can be conducted online without the students needing to attend University.
- **Fitness Training** - No change, practical exam (PX1) is completed in pairs and instructions can be provided to show knowledge and understanding, such as self spotting, tests which can be self administered with instructions from students, exercises chosen which participants can carry out without contact etc...
- CW1 - 1500 word assignment - no change
- **Academic skills** - no change

Are there any changes to previously advertised field trips, placements, enrichment activities or other external activities?

- No changes

When might what is set out above change?

We intend to use the teaching methods set out above for the whole of Semester 1 of the 2020-21 academic year.

If there are more severe restrictions on movement or gatherings as a result of changed government guidance (e.g. in the event of another wave of Coronavirus), teaching that is planned to be on campus may have to be moved online. In that instance all of the face-to-face teaching for your course would be online until restrictions are lifted and we would postpone your practical sessions until campus teaching became possible again. In this instance and practical assessments that are unable to take place will be adapted to ensure that you are able to complete the module as planned.

At the moment we intend that semester 2 teaching will be on campus and face-to-face for all students on this course, although we will continue to make use of our extensive online resources to supplement on-campus teaching. However, if restrictions on movement or group size continue, we would need to continue to offer your course in a blended way, in a similar pattern to that described above. We will let you know as soon as possible if we think that is likely to happen, but decisions may need to be taken at short notice where we are obliged to act on changes to national or local advice.