

# Student Assistance Programme

A 24 hour helpline from Health Assured to support you through any of life's issues or problems

Free 24 Hour Confidential Helpline:



Stress & anxiety



Bullying & harassment



Family issues



Bereavement



Financial wellbeing



Sexual & gender identity



Relationship advice



Physical wellbeing



Medical information



Tenancy & housing concerns



Alcohol & drug issues



Exam worries

Download 'My Healthy Advantage' now

App code:



To find out more visit:

[healthassuredeap.com](http://healthassuredeap.com)

health  assured

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