## Higher Education Induction and Welcome Activities School of Sport, Health and Food (W/C 26<sup>th</sup> September 2022)

Course:	Health and Social Care BSc (Hons) – Level 4 – 1B		
Date and Time	Activity	Campus/Room or Digital Link	
Wednesday 28th September	Meet Your Teaching Team and Classmates, and Academic Induction		
10am - 12pm	Join us in a welcome talk with your teaching team. Within this talk you will receive information on your upcoming timetables, course information and the rest of your induction week.	Moss House 208	
	Welcome and Introductions: This session will include getting to know each other, your teaching and placement team. Exploring your career options, what your first semester will involve and all the support available to you.		
	Your Programme: This session will include exploring programme timetables, lectures, seminars and tutorials, as well as reviewing yesterday's hopes and fears exercise and orientation quiz.		
1 - 3pm	<b>Team Building Exercise:</b> A fun small group activity that will get you super charged with lateral thinking and problem solving. This is an opportunity for you to interact with fellow students and share your thoughts.	Moss House 208	
	Hopes and Fears Exercise: We know that transition into higher education can be a little daunting so we will explore everyone's expectations, worries and what you hope to achieve, while answering questions and guiding you through your new venture. We will also be exploring some of the support services available at UCB that offer support and guidance.		
3 - 4pm	Have a question about your course or timetable?  Use this link to connect with one of the teaching team – we are here to help!	Ellie Horton <u>Click here to join</u> <u>the meeting</u>	

Thursday 29 <sup>th</sup> September	Welcome Fest Come along to Welcome Fest to celebrate the end of your induction programme. Welcome Fest is an opportunity to meet new friends and become part of the UCB community.	Moss House
	<ul> <li>We have a fun-filled programme of activities including:</li> <li>A variety of delicious food, pizza, Indian street food, bakery delights and more</li> <li>Gym membership and taster class information</li> <li>A chance to meet our wellbeing dog</li> <li>DJ playing a range of music throughout the day</li> <li>Police – staying safe in Birmingham</li> <li>Student societies and sports clubs</li> <li>A range of fun activities and games</li> <li>Come and say hello to the support services, Engagement Team and Student Guild. They will all be available to answer any questions you may have.</li> </ul>	