

Higher Education
Induction and Welcome Activities
School of Sport, Health and Food
(W/C 26th September 2022)

Course:	Strength, Conditioning and Performance MSc – Level 7	
Date and Time	Activity	Campus/Room or Digital Link
Tuesday 27th September		
10am – 12pm	<p><u>Meet Your Teaching Team and Classmates</u> Join us in a welcome talk with your teaching team. Within this talk you will receive information on your upcoming timetables & course information.</p> <p>This session will provide an overview of your course including key dates and timetables. It will also aim to establish the expectations of you as an MSc student.</p>	Human Performance Centre, 3 rd Floor, Moss House
12 – 1pm	<u>Lunch</u>	
1 – 3pm	<p><u>Practical induction into the Human Performance Centre</u></p> <p>This is an opportunity to get hands on with some of the equipment that you will be using as part of your MSc. This will be a very applied and practical session so please bring suitable kit to exercise in.</p>	
Wednesday 28th September	<u>Everything you should know about support at University College Birmingham</u>	Please click on the link below to join the digital sessions
10 - 11am	Academic support: Chat online to a member of our CASE (Centre for Academic Skills and English) team to find out how they can support you with your assignments this semester.	Academic Support Session
11.30am - 12.30pm	The Library: Chat online to a member of our library team to find out more about the fantastic resources we have on offer (both print and online), in addition to how we can help you find them!	Library and e-resource session

1 - 2pm	<p>Disability and Wellbeing Support: Chat online to members of our Disability and Wellbeing Support teams to find out how the DSA (Disabled Students' Allowance) application system works, how UCB can support students with Specific Learning Difficulties or disabilities, and how you can access our counselling services.</p>	Wellbeing and disability support session
<p>Thursday 29th September</p>	<p>Welcome Fest Come along to Welcome Fest to celebrate the end of your induction programme. Welcome Fest is an opportunity to meet new friends and become part of the UCB community.</p> <p>We have a fun-filled programme of activities including:</p> <ul style="list-style-type: none"> • A variety of delicious food, pizza, Indian street food, bakery delights and more • Gym membership and taster class information • A chance to meet our wellbeing dog • DJ playing a range of music throughout the day • Police – staying safe in Birmingham • Student societies and sports clubs • A range of fun activities and games <p>Come and say hello to the support services, Engagement Team and Student Guild. They will all be available to answer any questions you may have.</p>	<p>Moss House</p>
<p>4.30pm – 5.30pm</p>	<p>Have a question about your course or timetable? Use this link to connect with one of the teaching team – we are here to help!</p>	<p>Mark Newman</p> <p>Join the Meeting Here</p>