

Higher Education
Induction and Welcome Activities
School of Sport, Health and Food
(W/C 26th September 2022)

Course:	Strength, Conditioning and Sports Nutrition BSc (Hons) / FdSc – Level 4	
Date and Time	Activity	Campus/Room or Digital Link
<p>Monday 26th September</p> <p>11am – 12.30pm</p> <p>1.30 – 3.30pm</p>	<p><u>Meet Your Teaching Team and Classmates</u> Join us in a welcome talk with your teaching team. Within this talk you will receive information on your upcoming timetables, course information and the rest of your induction week.</p> <p><u>Academic Induction</u> This session will allow some time to meet your new tutor group, get to know your peers and familiarize yourself with Canvas, the online platform used heavily within the programme. You will also be able to have a Q&A with your lecturers.</p>	<p>MH 134 Darren Chesworth Ben Franks</p> <p>MS 220 & 221 Darren Chesworth Ben Franks</p>
<p>Tuesday 27th September</p> <p>10am – 1pm</p>	<p><u>Department of Sport and Nutrition Sports Day</u></p> <p>You will get the opportunity to meet all staff within the department and meet like-minded students across the range of sports courses.</p> <p>All students - Sports Coaching and Fitness, Sports Therapy, Sport Management, Food and Nutrition, Strength Conditioning and Sports Nutrition.</p>	<p>Avery Fields B17 8DT (Allow for travel)</p>
<p>Wednesday 28th September</p> <p>10 - 11am</p> <p>11.30am - 12.30pm</p>	<p><u>Everything you should know about support at University College Birmingham</u></p> <p>Academic support: Chat online to a member of our CASE (Centre for Academic Skills and English) team to find out how they can support you with your assignments this semester.</p> <p>The Library: Chat online to a member of our library team to find out more about the fantastic resources we have on offer (both print and online), in addition to how we can help you find them!</p>	<p>Please click on the link below to join the digital sessions</p> <p>Academic Support Session</p> <p>Library and e-resource session</p>

1 - 2pm	<p>Disability and Wellbeing Support: Chat online to members of our Disability and Wellbeing Support teams to find out how the DSA (Disabled Students' Allowance) application system works, how UCB can support students with Specific Learning Difficulties or disabilities, and how you can access our counselling services.</p>	<p>Wellbeing and disability support session</p>
<p>Thursday 29th September</p>	<p>Welcome Fest Come along to Welcome Fest to celebrate the end of your induction programme. Welcome Fest is an opportunity to meet new friends and become part of the UCB community.</p> <p>We have a fun-filled programme of activities including:</p> <ul style="list-style-type: none"> • A variety of delicious food, pizza, Indian street food, bakery delights and more • Gym membership and taster class information • A chance to meet our wellbeing dog • DJ playing a range of music throughout the day • Police – staying safe in Birmingham • Student societies and sports clubs • A range of fun activities and games <p>Come and say hello to the support services, Engagement Team and Student Guild. They will all be available to answer any questions you may have.</p>	<p>Moss House</p>
<p>Friday 30th September</p> <p>9 – 10.30am</p> <p>11.30am – 1pm</p>	<p>Group Induction This session will provide an opportunity to complete some tasks and identify some group values. This will enable you to explore your personal values and shared values to the group.</p> <p>Practical Taster Session Experience a practical taster session to get hands on with some of the equipment that will be used within lectures. You will also get a chance to familiarise yourself with the facilities where your lectures will take place. This will be another opportunity to meet some of the students from previous years.</p>	<p>MH 215 Darren Chesworth Ben Franks</p> <p>MS HPC Darren Chesworth Ben Franks</p>