

Higher Education
Induction and Welcome Activities 2023
School of Sport, Health and Food
W/C 25th September 2023

Course:	MSc Strength, Conditioning & Performance	
Date and Time	Activity	Location
Monday	<u>Enrolment</u>	
10am-4.30pm	Important- If you have not fully enrolled, please see a member of the enrolment team in McIntyre House or contact: Enrolment@ucb.ac.uk	Camden House
Tuesday		
10-11am	<u>Safeguarding</u> This session will provide learners with an introduction to safeguarding at UCB, why safeguarding is important, as well as how and when to report concerns. The session will also touch on the Prevent Duty, Sexual misconduct, and personal safety.	Safeguarding session 10-11 am Natalie Stanley
11.30am-1pm	<u>Meet Your Teaching Team and Classmates</u> Join us in a welcome talk with your teaching team. This session will provide an overview of your course including key dates, timetables and the rest of your induction week. It will also aim to establish the expectations of you as an MSc student.	Moss House Human Performance Centre
2-4pm	<u>Practical induction into the Human Performance Centre</u> This is an opportunity to get hands on with some of the equipment that you will be using as part of your MSc. This will be a very applied and practical session so please bring suitable kit to exercise in.	Moss House Human Performance Centre
Wednesday	<u>Everything you should know about support at University College Birmingham</u>	Please click on the link below to join the digital sessions
10-11am	Academic support: Chat online to a member of our CASE (Centre for Academic Skills and English) team to find out how they can support you with your assignments this semester. You will also find out more about ASET/ A-ASET.	Academic Support Session 10-11am
11.30am-12.30pm	The Library: Chat online to a member of our library team to find out more about the fantastic resources we have on offer (both print and online), in addition to how we can help you find them!	Library Session 11:30am-12:30pm Academic Librarians
1-2pm	Disability and Wellbeing Support: Chat online to members of our Disability and Wellbeing Support teams to find out how the DSA (Disabled Students' Allowance) application system works, how UCB can support students with Specific	Disability and wellbeing session 1-2pm

	Learning difficulties or disabilities, and how you can access our counselling, mental health, healthcare and wellbeing services.	Sharon O'Brien and Blair Sweeney
3-4pm	Have a question about your course or timetable? Come and speak with one of the teaching team – we are here to help!	Moss House 303
Thursday 10am-3pm	<u>Welcome Fest</u> Come along to Welcome Fest to celebrate the end of your induction programme. Welcome Fest is an opportunity to meet new friends and become part of the UCB community. We have a fun-filled programme of activities including: <ul style="list-style-type: none"> • A variety of delicious food • Gym membership and taster class information • Student support facilities: Meet the teams able to help you during your study • Looking for part time work? • Music throughout the day • Wellbeing and staying safe in Birmingham • Student societies and sports clubs • A range of fun activities and games Come and say hello to the student support services, including the Engagement Team and the Guild of Students. They will all be available to answer any questions you may have.	Moss House
3-4pm	Have a question about your course or timetable? Come and speak with one of the teaching team – we are here to help!	Moss House 303
Friday 10am-12pm	Department of Sport and Nutrition's Sports Day All students – Sports, Coaching and Fitness, Sports Therapy, Sports Management, Food and Nutrition, Strength, Conditioning and Sports Nutrition and Strength, Conditioning & Performance. You will get to meet students and staff from across the Department of Sport and Nutrition. Enjoy the friendly competition and meet likeminded students in your fields of interest.	Avery Fields B17 8DT (Allow for travel)
1-2pm	Meet the Student Engagement Team The Student Engagement team act as a point of contact for any difficulties or queries you may have about your time at UCB so we can help you find appropriate support. We provide advice, guidance, 1-1 coaching, and deliver events and workshops aimed at enhancing your student experience.	Student Engagement team

	Please join us online to understand how we can help you throughout your UCB journey and you can ask us about anything you are unsure about.	
3-4pm	Have a question about your course or timetable? Come and speak with one of the teaching team – we are here to help!	Moss House 303

Campus locations:



Useful Contacts

UCB main switchboard: (0121) 604 1000

Admissions Queries: Welcometohe@ucb.ac.uk

Home students: (0121 6041000 – main reception) ask for admissions – home student

International Students: (0121 6041000 – main reception) ask for admissions – international student

Student Services (Financial Support, Health and Wellbeing, Student Engagement, Accommodation, Safeguarding): s.services@ucb.ac.uk

Student Finance Queries: ucbstudentfinance@ucb.ac.uk

Enrolment Queries: Enrolment@ucb.ac.uk

UCB Library: library@ucb.ac.uk 0121 232 4455