

May - July 2016





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Discovering NHS Career Pathways

Wednesday 25 May 2016, 9.30am - 2.30pm

Lunch provided

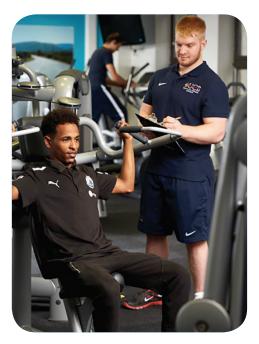
YEARS 9, 10 & 11

80 PLACES AVAILABLE

Join us for a day exploring the varied career opportunities within the National Health Service (NHS). Students will undertake four different workshops to understand different career routes and necessary skills needed to work within a specific field. The event will include the following workshops:-

- Careers in Health: Students will discover the many pathways within the NHS by taking part in practical activities. These include taking blood from a fake arm using a real needle, recording and printing an electrocardiogram (ECG), using an iPhone to photograph a retina and fitting an intubation tube into the windpipe of a dummy.
- **Sports Therapy:** Students will get an insight into the world of sports therapy through practical activities including physiological performance testing, functional movement screening, anaerobic testing on a bike, athletic taping, manual and electro therapy.
- **Health Careers Planning:** The range of roles within the NHS is vast. This session will focus on finding out about these careers and exploring NHS roles in more detail. Student practitioners will be delivering this workshop.
- Exercise and Health: Regular physical activity is central to healthy living. Students will gain an insight into the various ways we measure and promote exercise, and have a chance to use specialist equipment. Students will gain an understanding of the range of careers in sport, exercise and health promotion.
- Midwifery: Current academic staff and midwifery students will provide practical advice on taking manual blood pressure, urinalysis and abdominal palpation.

Please note that places are limited and will be allocated on a first come, first served basis. This careers event is designed for students in Years 9, 10 & 11 who have a special interest in careers within the NHS.



University College Birmingham, McIntyre House Holland Street Birmingham B3 1PW









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Tackling Gang Violence

Wednesday 15 June 2016, 9.30am - 3.30pm Wednesday 13 July 2016, 9.30am - 3.30pm

Lunch provided

YEARS 9 & 10 60 PLACES AVAILABLE

This event is aimed at young people in Years 9 and 10 and it will explore gang violence and knife crime.

The day will include workshops on these themes:

- Child Sexual Exploitation
- Knife and Youth Violence
- Who's the Bully
- · Choices?

Students will take part in two workshops of their choice. There will be a maximum of 15 places per workshop. Please note that places are limited and will be allocated on a first come, first served basis.



University College Birmingham, McIntyre House Holland Street Birmingham B3 1PW









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Street Food Workshop

Wednesday 29 June 2016.

Lunch provided

YEARS 10 & 12

Watch as chefs turn a selection of regional and internationally-inspired dishes into mouth-watering street food. Using locally sourced produce, from local suppliers, this session will showcase Birmingham's vibrant culture through food.

Students will learn to prepare:

- Faggots and pea puree
- Mini nachos with pulled pork and barbecue sauce
- Gumbo with special sauce
- Deep fried fish goujons



40 PLACES AVAILABLE

Summer Row Birmingham B3 1JB

For further information and to book please contact **Joanna Axinte at** j.axinte@ucb.ac.uk

University College Birmingham,







12.30noon - 4pm

YEARS 10 & 11

Join us to find out about the huge growth in Birmingham's hospitality and events industry, and the career opportunity which now exist. This session is full of practical and fun activities. Students will discover the world of hospitality, the skills required to work in the industry and career pathways.

The session will include the following hands-on practical workshops:

- Mixology
- Table theatre
- Who wants to be a millionaire in the hospitality industry?

Please note that places are limited (40 places per session) and will be allocated on a first come, first served basis. This event is designed for students who have an interest in front-of-house hospitality.



At Your Service

Careers in Hospitality Management

Thursday 30 June 2016, 9.30am - 2.00pm

Lunch provided

University College Birmingham, Summer Row Birmingham B3 1JB







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Exploring the World of Tourism and Aviation

Thursday 30 June 2016, 9.30am - 3.30pm

Lunch provided

YEARS 9 & 10 & 11

Careers in tourism and aviation are exciting and can take people all over the world.

In this session students will gain an understating of the skill-set required to work in tourism and aviation, and an appreciation of the challenges these areas face to remain competitive and safeguard passengers.

The event will include practical workshops aimed at developing confidence and team work, while providing an insight into different career paths.

This project is a collaboration between University College Birmingham and Solihull College & University Centre. Please note that places are limited and will be allocated on a first come, first served basis. This careers event is designed for students in Years 9, 10 & 11 who have a special interest in careers within the tourism and aviation industry.

University College Birmingham, McIntyre House Holland Street Birmingham B3 1PW

For further information and to book please contact Joanna Axinte at j.axinte@ucb.ac.uk







Street Food in Asian Cuisine Workshop

Tuesday 5 July 2016, 12.30noon - 4pm

Lunch provided

YEARS 10 & 12 STUDENTS

This is a great opportunity for Years 10 and 12 to discover how Birmingham has become a force in the culinary world.

Students will experience and observe how certain spices give flavour to traditional Indian dishes from Punjab in northern India, and also find out about their medicinal properties.

Using local produce and suppliers, our chefs will prepare:

- Fish pakora
- · Chickpea puri
- · Derivatives of chapatti
- Minced lamb curry wrap



80 PLACES AVAILABLE

20 PLACES AVAILABLE

University College Birmingham, Summer Row Birmingham B3 1.JB







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The **APP**rentice

Tuesday 12 July 2016, 9.30am - 2.30pm

Lunch provided

YEARS 9, 10 & 11

Are you the next Alan Sugar, Richard Branson or Mark Zuckerburg?

This is a fantastic opportunity for Years 9, 10 & 11 to experience university life first-hand and develop their business skills by taking part in fun and interactive sessions.

Specialist lecturers and industry experts will give students an insight into how to create and design an app focusing on a specific theme. At the end of the planning process students will work in groups to take everything that they have learnt and present a proposal to our panel of experts.

Please note that places are limited and will be allocated on a first come, first served basis. This careers event is designed for students in Years 9, 10 & 11 who have a special interest in pursuing careers in business and marketing fields.

30 PLACES AVAILABLE



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