

Teaching in Semester 1 2020

Programme – BA (Hons) Sport and Fitness Studies

Level of Study - 6

Teaching pattern in 2020-21 academic year:

| Module number | Module Name | Module Credits | Compulsory/Optional Module | Lectures | Practical | Seminars and small group teaching | Other teaching e.g. tutorials |
|---------------|--|----------------|----------------------------|----------------------------------|--------------|-----------------------------------|-------------------------------|
| 843 | Sports Project | 40 | Compulsory | Face to face | N/A | N/A | All online |
| 1442 | Applied Fitness Training and Programming | 20 | Compulsory | Choice of online or face to face | Face to Face | N/A | All online |
| 679 | Sports Psychology II | 20 | Compulsory | Choice of online or face to face | Face to face | N/A | All online |

Please note that hours per week are an average across term time tuition, and may vary across the weeks.

Where there is a choice of online or face to face teaching, students will be given a deadline to make the decision on whether to study online or face to face during online enrolment. After that deadline, swapping between online and face to face teaching may not be possible, though we will try to accommodate changes where we can.

Hours per week:

Face to face: 11 hours per week

- 3 hours per week – Sports Project (weeks 1-6)
- 5 hours per week Applied Fitness Training and Programming – practical and theory (theory also offered online 2 hours)
- 3 hours per week Sports Psychology (also offered online)

Online: 8 hours per week (unless attending Sports Psychology and/or Industrial and Personal Development face to face)

- 3 hours per week Sports Psychology (also offered face to face)
- 2 hours per week Applied Fitness Training and Programming theory (also offered face to face)
- 1 hour per week graduate advantage
- 1 hour per week tutorial

Are there any changes to the content of the course, compared with what was agreed previously?

- **Sports Project** - no changes to the content as outlined in the definitive document.
- **Sports Psychology 2** - In previous academic years, students have completed pre-reading activities and reviewed the studies. This process is aimed at developing students critical reading and has helped students in the development of skills within the final year of study. For this process to work, then consideration is needed for an online review, and face to face review with the different student cohorts. It would be proposed that lecture time be reduced to 2 hours for selected weeks to allow this process and student development to be incorporated.
- **Applied fitness and training** - No changes to content written within the definitive document. students will complete practical sessions in smaller groups in order to facilitate social distancing.

Are there any changes to the assessment methods we are using?

- **Sports Psychology 2** - There is no change to the assessments. The only adaptation could be for 2nd assessment (CW) where a method and results could be provided instead of students collecting data in a practical environment in groups of 12, as per previous academic years (social distancing dependant).
- **Sports Project** - No changes to CW1. PX - presentations usually held face to face however, this can be conducted on line (usually carried out in Semester 2)
- **Applied fitness and training** - PX presentations can be recorded and uploaded online instead of face to face for those who can not attend. Face to face will continue for those who can attend.

Are there any changes to previously advertised field trips, placements, enrichment activities or other external activities?

- None planned for the Sport and Fitness programme of study

When might what is set out above change?

We intend to use the teaching methods set out above for the whole of Semester 1 of the 2020-21 academic year.

If there are more severe restrictions on movement or gatherings as a result of changed government guidance (e.g. in the event of another wave of Coronavirus), teaching that is planned to be on campus may have to be moved online. In that instance all of the face-to-face teaching for your course would be online until restrictions are lifted and we would postpone your practical sessions until campus teaching became possible again. In this instance and practical assessments that are unable to take place will be adapted to ensure that you are able to complete the module as planned.

At the moment we intend that semester 2 teaching will be on campus and face-to-face for all students on this course, although we will continue to make use of our extensive online resources to supplement on-campus teaching. However, if restrictions on movement or group size continue, we would need to continue to offer your course in a blended way, in a similar pattern to that described above. We will let you know as soon as possible if we think that is likely to happen, but decisions may need to be taken at short notice where we are obliged to act on changes to national or local advice.