

**Induction & Welcome Activities**  
**W/c September 27<sup>th</sup> 2021**

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Course	Strength, Conditioning & Sports Nutrition (SCSN)		
Level 4			
Day/Date/Time	Programme Activities	Location	Staff and Resources
School	Health, Sport & Food		
Monday, September 27 <sup>th</sup>  Time: 10am – 11.30am  Time: 1pm – 3pm	Level 4 SCSN Programme Induction (All students)  11.10am – The Guild  Level 4 Tutor Group Session Q & A with the lecturers Getting to know your peers Canvas Orientation  <b>Group A:</b> MS 220 <b>Group B:</b> MS 221	MH 215    MS 220 & MS 221	Mark Newman Darren Chesworth Crofton Alexander Steve Nightingale   Mark Newman Darren Chesworth Crofton Alexander Steve Nightingale
Tuesday, September 28 <sup>th</sup>  Time: 10am – 11.30am  Time: 11.30am – 1pm	Level 4 SCSN Practical Taster Session & HPC Orientation (PUSH, Sprinting & Lifting)  <b>Group A</b> (10am – 11.30am)  <b>Group B</b> (11.30am – 1pm)	HPC (3 <sup>rd</sup> Floor Moss House)	Mark Newman Darren Chesworth Crofton Alexander Steve Nightingale
Wednesday, September 29 <sup>th</sup>  All DAY	<b>Fresher's Fair</b>		